As everyone is aware, the Covid-19 global pandemic has really put our world at a standstill for almost the past month. Things are changing rapidly every day. Every news outlet has coverage of the pandemic almost 24/7. This can cause a lot of anxiety for some.

Either point form or paragraph form, we want you to respond to the following questions. Don’t worry about spelling or neatness of ideas. Just try and get your thoughts down. Once your journal is completed, please turn in.

A) How are you feeling right now?

B) What have you been doing to occupy your time?

C) What do you miss most?

D) What have you been enjoying most about this time with family?

E) What questions do you have about what is currently going on?

Respond to each question either POINT FORM or IN PARAGRAPH FORM.